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Coming Home Dynamic Support Registers: Information for people with learning disabilities and complex care needs and the people supporting them

The Scottish Government wants everyone with a learning disability and complex care needs to be able to live in their own home in their local community. To help to achieve this goal, the Scottish Government and COSLA are leading a programme called *Coming Home* which aims to reduce out-of-area residential placements and inappropriate hospital stays for people with learning disabilities and complex care needs.

The actions that we are taking are based on the recommendations set out in the <u>Coming Home Implementation Report</u> ('the Report') which was published in February 2022. The recommendations are focused on people across the health and social care sector working together to deliver high quality services for people with learning disabilities and complex care.

As part of this work, we are improving the data and information we have about people with learning disabilities and complex care needs, to make planning for this population better and to ensure those who are living in inappropriate placements can move to a home and community of their choice.

In May 2023, we launched the Coming Home Dynamic Support Registers across Scotland. This means that each Health and Social Care Partnership now has a dedicated local register for people with learning disabilities and complex care needs who are:

- In hospital (in mental health or learning disability wards)
- In out-of-area placements
- In support arrangements that are at risk of breaking down.

The Dynamic Support Registers are a way to help Health and Social Care Partnerships know what they need to do so that people are able to live in their home communities. They contain information about what action needs to be taken to find or build a suitable home and they help local areas collaborate with the right people and organisations to do this.

People with lived experience helped to develop the Dynamic Support Registers and the supporting resources. This was with the aim of ensuring the system is person-centred and prioritises the choices of the individual and their family. There is a dedicated space on the Dynamic Support Registers for the preferences and views of the person as well as the people supporting them.

Health and Social Care Partnerships have been provided with guidance on how to use the Dynamic Support Register and on regularly reviewing the people who are recorded on it to make sure actions are being taken forward.

Health and Social Care Partnerships will also report some of the information from their Dynamic Support Registers to Public Health Scotland (PHS) who will analyse and publish it so that nationally we know how well we are doing with this work. **However, this will always be**

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anonymous – individuals will never be identified. Personal information about people on the Registers will not be published.

It is also important to note that:

- If someone is living out-of-area but they are happy with their living situation and there are no concerns about the placement, then they will not need to move. Their placement will be reviewed only to make sure that it remains suitable for them.
- The information that is recorded on local Dynamic Support Registers will only be used to help local areas reduce inappropriate out-of-area residential placements and inappropriate hospital stays for people with learning disabilities and complex care needs. Most of this information was already held by Local Authorities, NHS Boards and Health and Social Care Partnerships, but the Dynamic Support Registers record it all in one place.

The Dynamic Support Registers are not simply records of people with learning disabilities and complex care needs. They are about improving the way in which Health and Social Care Partnerships plan for and with people with learning disabilities, and the people supporting them, by recording specific information about the type of housing required, the type of social and medical support needed and the funding arrangements now and in the future.

You do not need to do anything – Health and Social Care Partnerships regularly update their local Dynamic Support Registers with everyone that needs to be included.

If you are a person with a learning disability or someone that supports a person with a learning disability, you have a right to be involved in the decisions about your care and support, including the decisions made within the Dynamic Support Register process. You also have <u>a right to advocacy</u>, which means getting support from another person to help express your views and wishes.

If you do have any questions, your Health and Social Care Partnership is best placed to provide further information about individual cases and the Dynamic Support Registers. You may be contacted directly by the Health and Social Care Partnership and asked to be involved in the Dynamic Support Register process. You can find a list of all the Health and Social Care Partnerships in Scotland, and links to their websites, here.

Some general support organisations are listed below. Please note these organisations will not be able to answer specific questions about the Dynamic Support Registers.:

- Mental Welfare Commission for Scotland
- PAMIS Promoting a more inclusive society
- People First
- The Scottish Commission for People with Learning Disabilities SCLD

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Important terms

"People supporting them":

We recognise that people with learning disabilities and complex care needs are supported by a wide range of people, all of whom have an interest in their wellbeing. This can include, but is not limited to, family members, friends, paid or unpaid carers, and welfare guardians. We are using the term "people with learning disabilities and complex care needs **and the people supporting them**" to cover all of these groups.

Health and Social Care Partnerships:

Health and Social Care Partnerships are authorities in local areas that manage integrated health and social care services, such as adult social care. These services were previously managed separately by NHS Boards and local authorities (councils), but now they are delivered together to make sure they are more joined up. Health and Social Care Partnerships involve staff from both local authorities and the NHS. There are 31 Health and Social Care Partnerships in Scotland.

The Coming Home Dynamic Support Registers are managed by learning disability teams within Health and Social Care Partnerships as they are responsible for managing and planning care and support for people with learning disabilities and complex care needs.

Out-of-Area:

If someone is living out-of-area, this means that they are living in an area that is not within their home local authority.

Living out-of-area is not problematic when this is through the choice of the person and the people supporting them, and the placement is suitable for the person.

Some people with learning disabilities and complex care needs are living out-of-area even though they, and the people supporting them, did not choose to. This is called an **inappropriate out-of-area placement**. *Coming Home* aims to reduce inappropriate out-of-area placements.

Support arrangements that are at risk of breaking down:

If someone's support arrangements are at risk of breaking down, this means that their living situation is becoming unsustainable and they might not be able to live there anymore. This term can refer to a range of different types of support arrangements, including support provided by family carers or by a social care provider. There are a variety of reasons for which support arrangements might be at risk of breaking down, including the Health and Social Care Partnership having concerns about the quality of the placement.

It is important that we plan for people whose support arrangements are at risk of breaking down in order to avoid them being admitted to hospital or an out-of-area placement.

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