

Scottish Learning Disability Week 2023

Monday 1 – Sunday 7 May

#Leadtochange | #ScotLDWeek23



Online event timetable



If you need help to register for an event, you can:



Phone Scottish Commission for People with Learning Disabilities (SCLD) on 0141 248 3733



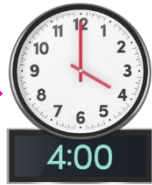
Email SCLD at admin@sclد.co.uk



Online Event 1: Human Rights Leadership



The date of this event is Monday 1 May.



The time of this event is 2pm to 4pm.



Come to this event if you want to defend and protect everyone's human rights, including people with learning disabilities.



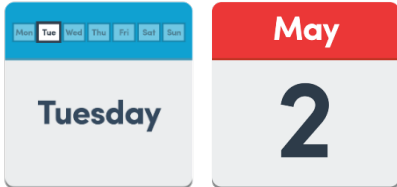
At this event we will talk in groups about what you think you can do to stand up for Human Rights.



[Click here to register for this event](#)



Online Event 2: SCLD Leadership



This event is on Tuesday 2 May.



The time of this event is 10am to 12pm.



Come to this event if you want:

- to be inspired by other people with learning disabilities , or
- to explore ways to help people with learning disabilities start their own leadership journey.



In this event, you will meet 5 people with learning disabilities. They will share their stories of how they developed and used leadership working with SCLD.



[Click here to register for this event](#)



These events are on Wednesday 3 May.



Join the Scottish Government Learning Disability and Autism Team.



The Scottish Government learning Disability and Autism Team will be talking about how you can become leaders in your own health.



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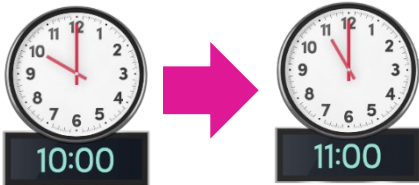
There are 5 online events today to choose from.



You need to register for each event, you want to go to.



Online Event 3: Annual Health Checks



The time of this event is 10am to 11am.



Come to this event if you want to find out more about the new **Annual** Health Checks for People with Learning Disability. **Annual** means it happens once a year.



Dr Isla McGlade from the Scottish Government will tell you about:

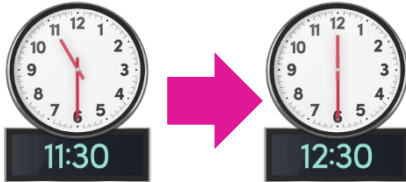
- the health checks,
- what happens during the health checks, and
- why we should “Get Healthy, Get checked” .



[Click here to register for this event](#)



Online Event 4: Coming Home Implementation Plan



The time of this event is 11.30am to 12.30pm.



Come to this event to hear more about how Scottish Government is changing complex care and delayed discharge for people with learning disabilities.



This event will talk more the work the Scottish Government is doing to address the recommendations of from the Coming Home report.



[Click here to register for this event](#)

Online Event 5: Learning Disability and the Menopause



This event is from 1pm – 2pm.

Come to this event to find out about the **Menopause** and what that means for women with learning disability.



The **menopause** is when a women stops having periods. The menopause can cause changes in a woman's health for years before her periods stop. These changes include anxiety, hot flushes, mood swings.



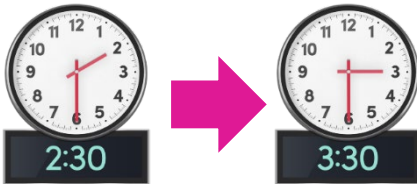
At this event, you will talk about the menopause in more detail and help develop resources to support women with learning disabilities with the menopause.



[Click here to register for this event](#)



Online Event 6: Leadership and Engagement Framework



This event is from 2.30pm to 3.30pm.



Come to this event if you want to find out about the work Scottish Government is doing about learning disability and Mental Health.



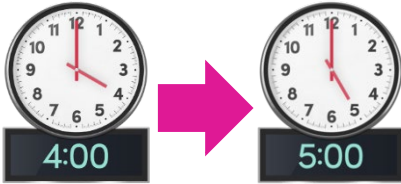
This event will tell you more about the new Leadership and Engagement Framework. The Leadership and Engagement Framework finds new ways for the Scottish Government to include people with learning disabilities when writing policy and when putting the policy in to practice in everyday life.



[Click here to register for this event](#)



Online Event 7: Learning Disability Nursing



This event is from 4pm to 5pm.



Come to this event if you want to know more about how Learning Disability Nurses can help you become leaders in your health.



In this event, Learning Disability Nursing students to talk about:

- what Learning Disability Nursing is,
- why they wanted to become Learning Disability Nurses and
- what Learning Disability Nursing can do to support you.



[Click here to register for this event](#)