



OUR FUTURE LEADERS

DEVELOPING SKILLS FOR A BETTER TOMORROW

BECOME A SPONSOR TODAY!

"I think neither of us really expected to witness such a profound impact and level of personal growth as was evident on completion of the course."

-Eddie, Sponsor

COULD YOU TAKE ON THE ROLE OF AN OUR FUTURE LEADERS SPONSOR?

Our Future leaders is a leadership programme for people with learning/intellectual disabilities. A sponsor is an unpaid volunteer supporting a participant before, during and after each session to consolidate their learning and applying it to their real-life experiences

During the sessions, the sponsor will be expected to support and encourage participants to identify opportunities to actively apply the skills and knowledge covered in the sessions back into their role.

Sponsors will support the participant to prepare for the session and they may be required to help the participant to share their experiences at the appropriate section of the programme. Similarly, when sessions have homework or pre session prep to do the sponsor is there to support this.

Key to the success of the sponsor/participant relationship is for the sponsor to help the participant engage with the programme content, regularly connect with them to discuss how they can put the learning into practice and to share the participant experiences and successes in each session.

At the end of the programme, the sponsor will be able to work with the participant to submit a short case study of their observations of changes in the participant relating to the intended outcomes of the programme.

In addition to the 26 hours spend on Zoom supporting the participant, sponsors will be required to spend approximately 1 hour per fortnight (12 hours in total over the course) working with the participant on their homework.

ABOUT OUR FUTURE LEADERS

Our Future Leaders is a groundbreaking programme delivered over Zoom and involving 12 half-day sessions, led by expert external facilitators and developed by Inspiring Scotland and SCLD.

The aim of the programme is to empower and support people with learning/intellectual disabilities to develop practical leadership skills. Throughout the sessions, participants develop skills in communication, confidence, and self-awareness.

Sessions focus on practical skills, where learning is further embedded by the participants' sponsor. Real time feedback is taken into account continuously in order to ensure that the course is meeting the needs and requirements of the participants.

PROGRAMME OUTCOMES

Through a flexible and adaptive approach to delivery, Our Future Leaders participants will:

- Know what being a leader means. Be more confident in their abilities and enjoy sharing their experiences
- Be able to express themselves clearly and can make themselves understood in different situations
- Be able to assert their rights and responsibilities. Advocate on behalf of themselves and/or their organisations
- Be able to contribute to society as a whole and work to affect long lasting change
- Be ready to take on more responsibility in new leadership roles
- See themselves as potential role models for others

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