

# 2022 Scottish Learning Disability Week

**Scottish Learning Disability Week**

## **Event schedule**

**Monday 2<sup>nd</sup> – Sunday 8<sup>th</sup> May**

**“We all have human rights!”**





## Monday 2<sup>nd</sup> May

### **‘What are human rights?’**

**10am – 12pm**

We’re kicking off Scottish Learning Disability Week with an exploration of what human rights are. Join us to hear from a range of human rights defenders, including the [British Institute of Human Rights](#), the [Human Rights Consortium Scotland](#) and [SCLD’s Human Rights Town App Development Group](#). We’ll hear why human rights matter to people with learning disabilities and what is happening to make human rights real for people with learning disabilities.

[Find out more and register.](#)

### **Include For Good – “Our quest for change”**

**2pm – 3pm**

Join us for an exciting opportunity to meet SCLD’s 10 ‘Rapporteurs’ – the people with learning disabilities who will be leading our [Include For Good programme for change](#) in Scotland.

[Find out more and register.](#)

## Tuesday 3<sup>rd</sup> May

### **Building blocks: early learning and childcare for children with learning disabilities**

**1.30pm – 2.45pm**

The early years of a child's life are crucial to development and life outcomes; this is very important for children with learning disabilities.

This event will launch SCLD's report *Building Blocks*, which explores the barriers and facilitators to accessing funded early learning and childcare, as told by parents. The SCLD team will give an overview of the findings and the recommendations of the report, and a parent who took part in the research will share their firsthand experience with us.

[Find out more and register.](#)

## Wednesday 4<sup>th</sup> May

### **Opening the door to discussing trauma with PAMIS**

**10.30am – 12.30pm**

People with learning disabilities are more likely to be exposed to traumatic events. For those people with a Profound and Multiple Learning Disabilities (PMLD), difficulties in processing trauma can impair the development of coping mechanisms increasing the risk of experiencing trauma. Join [PAMIS](#) for an opportunity to discuss the impact of trauma on people with PMLD and to explore what can be done to ensure access to

appropriate support and resources. PAMIS will also launch their 'Imagination Toolkit' – a multi-sensory story and narrative resource to support the exploration of emotion during challenging times in life.

[Find out more and register.](#)

## **Making Rights Real in Human Rights Town**

**2pm – 4pm**

Join [SCLD's Human Rights Town App Development Group](#) for a fun, immersive training session on using the Human Rights Town App. The Development Group will explain how to use the Human Rights Town app and share their experiences of realising our human rights.

We will also have a range of fun activities to help you to learn more about your human rights. We will ask for your help creating future scenarios for the app – so bring your ideas!

[Find out more and register.](#)

## **An afternoon with author Leanne Clark**

**4.30pm – 5.30pm**

2022 is Scotland's [Year of Stories](#), so what better time to hear from author Leanne Clark, a young woman with a learning disability and cerebral palsy who is determined to challenge her adverse experiences and show the world that her life is her own.

Join us this Scottish Learning Disability Week to explore our theme 'We all have human rights!' in conversation with Leeanne Clark. Leeanne will give a short reading from her debut book "My Journey Through Life - THE REAL ME" and then there will be opportunity for discussion.



*Please note that this event may contain discussions of sensitive topics, such as adverse experiences and abuse that some people may find upsetting.*

[Find out more and register.](#)

## Thursday 5<sup>th</sup> May

### Gathering in the Car Park

**10am – 12 noon**

The right to choose who we live with and the community in which we live is one many of us take for granted. Sadly, this is not a right enjoyed by everyone. Adults with complex needs often spend long periods living in hospital or are forced to live in settings far from home, due to a lack of suitable housing, accommodation and services in their own communities.

Finding solutions for individuals who are denied the right to a life in the community requires genuine collaboration and shared values from professionals across health, social care and housing, local and national government, as well as individuals and families.

This event seeks to bring all these partners together to shine a spotlight on this issue, hear directly from individuals and families about their experiences and explore approaches to achieving the bespoke solutions which are needed to underpin national policy.



[Find out more and register.](#)

## **My Home, My Community**

**1.30pm – 3pm**

*My Home, My Community* is the [third report](#) from the 2019 national "How's Life?" Survey of adults with learning disabilities in Scotland; the report details what people with learning disabilities feel about the house they live in and the place they stay in.

This workshop will give you the chance to hear about a practical resource from SCLD to help people with learning disabilities become more included in their own community.

[Active Connected Included](#) is being used extensively in North Ayrshire – hear from practitioners how it is being used and what difference it is making; take the chance to discuss with others how it could make a difference where you work and live.

[Find out more and register.](#)

# Friday 6<sup>th</sup> May

## **This is Me: Valuing the lives of people with learning disabilities**

**10am – 11.30am**

Join the [Scottish Learning Disabilities Observatory \(SLDO\)](#) to hear about 'This is Me' – an awareness-raising project seeking to address the inequalities experienced by people with learning disabilities.

[Find out more and register.](#)

## **Health and Wellbeing Fair**

**10am – 12 noon; 2pm - 4pm**

The past two years have shown us just how important our right to being healthy and well are. People with learning disabilities can face barriers to accessing healthcare and living a healthy lifestyle.

On Friday we have a whole day of health and wellbeing activities live on Zoom! The workshops will cover a range of health topics tailored for people with learning disabilities, such as: healthy eating, sexual health, women's health and eye testing. There will also be activities and live sessions.

Keep your eyes on the SCLD website and social media as we will publish a more detailed timetable closer to the time!

# Saturday 7<sup>th</sup> May

8pm – till late

## Scottish Learning Disability Week 2022 Stay Up Late Celebration

We all have a right to party... Join Stay Up Late live on Zoom on Saturday night for one of their legendary parties! There are no bedtimes here, so feel free to party into the night.

[Email Stay Up Late](#) to register.



# Sunday 8<sup>th</sup> May

We all have a right to put our feet up and relax. On Sunday we will be sharing the highlights of the Scottish Learning Disability Week on SCLD's social media channels.



## Keep in touch

If you have any questions about our events or are having issues registering, please contact us via email at [admin@sclد.co.uk](mailto:admin@sclد.co.uk) or by phone on **0141 248 3733**.

You can keep up to date with the latest Scottish Learning Disability Week news by visiting the Scottish Commission for People with Learning Disabilities' (SCLD's) website: [www.sclد.org.uk](http://www.sclد.org.uk)

- Find us on Facebook: [@ScotCommission](https://www.facebook.com/ScotCommission)
- Follow us on Twitter: [@SCLDNews](https://twitter.com/SCLDNews)
- Follow us on Instagram: [@sclدnews](https://www.instagram.com/sclدnews)
- Vimeo: <https://vimeo.com/sclدnews>

**#LDWeekScot  
2022**