

Positive Behaviour Support Community of Practice for Scotland Webinar Invitation

Staff Wellbeing in the Context of PBS

The Positive Behaviour Support (PBS) Community of Practice (CoP) for Scotland invite you to this free webinar on 'Staff Wellbeing in the Context of PBS'.

The importance of the wellbeing of individual staff, teams, and whole organisations to delivering and sustaining person-centred PBS is increasingly recognised. Supporting staff wellbeing is an essential element of a PBS approach.

In this webinar you will hear about:

- A human rights perspective on staff wellbeing.
- New approaches to understanding the relationship between wellbeing, exposure to behaviours that challenge, and the quality of support provided.
- Practical approaches for identifying and improving wellbeing, both for individuals and for teams.
- Organisational approaches to improving wellbeing.
- Opportunities and challenges in improving wellbeing.

Webinar Details

Date: Tuesday 24th August 2021

Time: 2.00pm – 4.00pm

Presenters

Hosted by: Dr Anne MacDonald, from the University of Glasgow, and Chair of the PBS CoP Steering Group.

Chaired by: Dr Brodie Paterson, Director for Joblinkplus, and Chair of the European Network for Trainers in the Management of Aggression.

Speakers

Dr Peter Baker: Dr Peter Baker is a Senior Lecturer at the Tizard Centre, University of Kent. He worked as a Consultant Clinical Psychologist in the NHS. Peter will speak about the importance of staff wellbeing within a PBS framework, the evidence, supports and challenges to staff wellbeing and organisation-wide positive staff support.

Dr Allyson McDougall: Allyson is Principal Educator (Autism) at NHS Education for Scotland (NES). Allyson will speak about the NES Staff Wellbeing Planning Tool in the context of teams supporting individuals with complex care needs.

Tracey Gilchrist RNLD: Tracey is head of Practice Development at ENABLE Scotland and will speak about the experience of practical application of organisational support strategies and self-care within a PBS framework, including the wider context of the pandemic.

Question and Answer Session

After all the presentations there will be a Question-and-Answer session with the speakers. You will have the opportunity to put questions to the speakers through the chat function.

To Register

To register click on the link:

<https://attendee.gotowebinar.com/register/8795390850553915660>

Who is this webinar for?

This webinar will be of interest to managers and staff supporting people with learning disabilities using a PBS approach, who are interested in their own and their team's wellbeing.

This includes those who work within health, social care, education and social work in Scotland, for example:

- Social care provider organisations, including senior managers, managers, support staff, behaviour advisors.
- Social work professionals including commissioners.
- Education providers, including educational psychologists, teachers and support staff.
- Health care professionals including learning disability nurses, clinical psychologists, psychiatrists, allied health professionals.
- Family carers of people with learning disabilities and complex needs, who have an interest in wellbeing either for themselves or for staff supporting their family member.

Attendees will gain an understanding of:

- The current evidence base on wellbeing for staff who support people with complex needs.
- An overview of how to provide organisation-wide positive staff support.
- How to support self-care through application of the NES Wellbeing Planning Tool.
- The practical application of organisational support strategies and self-care for individuals and teams who support people who have complex care needs and behaviour that challenges.

Positive Behaviour Support

- ✓ Is a person-centred framework for providing support to people with additional support needs such as learning disabilities and/or autism, particularly those whose behaviour is described as challenging.
- ✓ Has an overall aim to improve quality of life, and to provide the right support at the right time, so that people can thrive, be happy, and fulfil their potential.
- ✓ Supports human rights and promotes a life without unnecessary restriction.
- ✓ Means treating people equally and working in partnership with people with learning disabilities and/or autism, and their families.

Join the PBS Community of Practice

This webinar will offer you the opportunity to join the PBS Community of Practice for Scotland. We hope that many of you will become active members and make a commitment to the promotion and implementation of PBS throughout Scotland. During this and future events and webinars, we will explore different ways in which members can contribute.

Sign up here: <http://eepurl.com/g9-F8n>



Positive Behaviour Support Community of Practice Scotland

