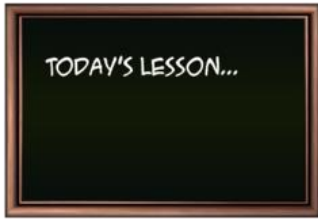


About Our Future Leaders



Our Future Leaders in the name of a course.



It is a course to help you learn the skills you need to be a good leader.

INSPIRING SCOTLAND

The course was made by Inspiring Scotland and SCLD.



Who the course is for

It is designed for people with learning disabilities.



It is for people who already do one of these things

Work



Volunteer



Self Advocacy



Campaigning



Are on a board of management or committee



What you will learn



You will learn more about how to be a leader



You will learn different skills that are needed by leaders



You will learn skills to help you to manage when things go differently from how you expected



You will feel more ready to take on responsibility.



You will get a certificate if you complete the whole course.

What you need to take part



The course will take place on Zoom



You need to come to the 12 sessions of the course.



You will need to be able to use Zoom.



You will need to do some work before and after each session.



The things you need will be sent by email.



You need to check the email address you are using for the course regularly.



There will be a short interview with everyone at the start and the end of the course.



You need to have a someone to be a sponsor for you.

What the sponsor does



The sponsor should be someone who knows you in the volunteering, work or board role you have.



The sponsor should come to the training sessions.



In the training sessions the sponsor is there to watch and learn and should only speak if you ask them to help with something.



The sponsors job is to help you between sessions.

They should help you to use your new skills between the course sessions.



They should help you to keep notes of when you have used your new learning and skills.