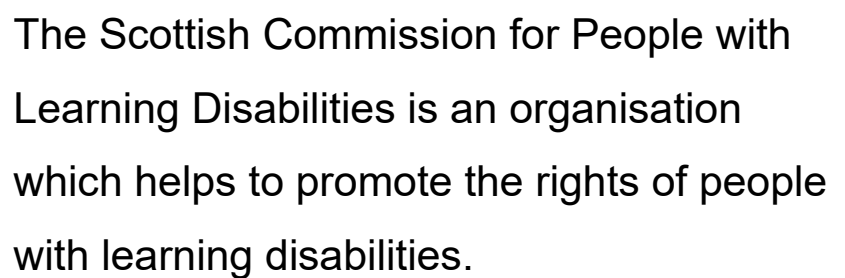
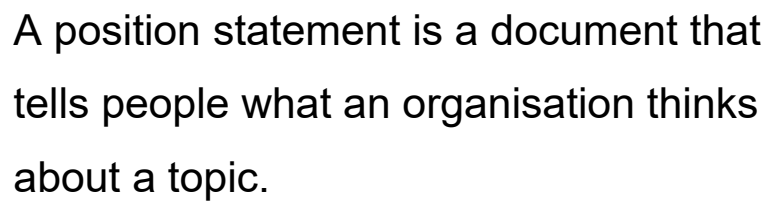
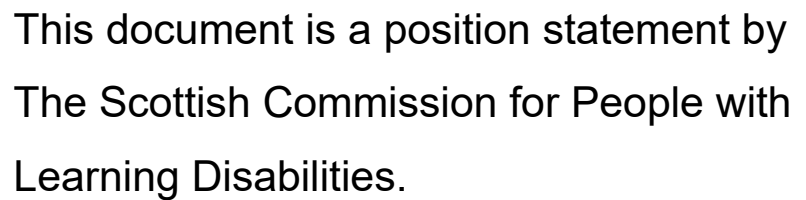


# October 2020





We are also known as SCLD for short.



SCLD believes that it is very important that people with learning disabilities are happy and healthy.



We work with the Scottish Government and other organisations to make sure that this happens.

# What is Positive Behaviour Support?



SCLD believes that positive behaviour support can help to make sure people live a good life.



Positive behaviour support is a way to give support to people with learning disabilities and complex needs.



This support is person-centred.



Person centred support is support which is designed to meet the needs of the individual person.



It tries to make sure that people with learning disabilities are able to make their own choices about the support they get.



Positive behaviour support is connected to many of the points in the United Nations Convention on the Rights of People with Disabilities.



United Nations Convention on the Rights of People with Disabilities is a treaty which protects the rights of people with learning disabilities.



The points on this convention call for things like freedom from bad treatment and violence and freedom to make your own decisions as an individual.



They also include the freedom to have your own home and privacy.

# Positive behaviour support in Scotland



In 2018 The Scottish Government released a report called the Coming Home report.



The Coming Home report says that positive behaviour support is one of the best ways of supporting people with learning disabilities and complex needs.



More people have been talking about the benefits of using positive behaviour support since the Winterbourne View scandal in England.



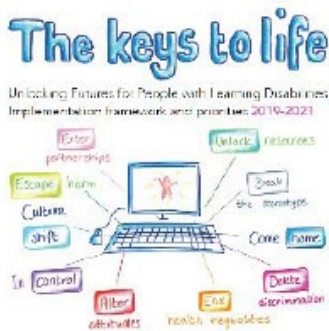
This scandal was when staff were found to be abusing people with learning disabilities in a care home in England.



Positive behaviour support has been recommended as one of the ways to stop things like this from happening again.



In 2019 the Scottish Government put out a report which said how they were going to help develop positive behaviour support in Scotland.



This report is called the Keys to Life Implementation Framework.



You can find an easy read for this report here:

<https://www.gov.scot/publications/keys-life-implementation-framework-priorities-2019-2021/>



# Community of practice



The Keys to Life report also said that a positive behaviour support Community of Practice should be introduced.



A Community of Practice is a group of people who are all involved in a certain subject.



The people in this group work together to improve the way they work.



The positive behaviour support Community of Practice is made up of people who work or live with those who have learning disabilities.

It can also include anyone else who is interested in positive behaviour support.



The Community of Practice allows people to share ideas and information with each other.



They all work together to help improve support for people with learning disabilities and complex needs.



They want the rights and wellbeing of people with learning disabilities to be protected.



SCLD runs a group of people who help plan what the Community of Practice should do.



This is called a steering group.





The members of this steering group include family carers of people with learning disabilities and people who work in social and health care.

# Conclusion



SCLD thinks that positive behaviour support can help people with learning disabilities and complex needs to live their best lives.



Positive behaviour support tries to understand the wishes of all people with learning disabilities.



It tries to make sure the freedom of people with learning disabilities is not taken away.



It looks for ways to stop the use of physical restraint.



It can help make sure people are not given medicine which they do not need.



It can help people to live at home in their local area instead of in hospital.



SCLD believes that positive behaviour support can give more opportunities to people with learning disabilities in Scotland.



It can allow people to do new things and learn new skills.



It can also allow people to have more control over their own lives.



SCLD believes that positive behaviour support can allow people to live happier lives which mean more to them as individual people.