

Green Goodies

Time to get creative and have fun with our selection of some environmentally friendly activities

Visit our website for more games and activities:

www.sclد.org.uk/scottish-learning-disability-week-2020/

Make your own seed bombs!

Seed bombs are small balls of seeds and clay which you can plant or throw into a patch of un-used ground to brighten it up with wild flowers or plants.

You will need:

- Some clay
- Packets of different kinds of seeds (at least 3).

To make:

1. Empty each of your seed packets into a bowl.
2. Roll out your clay on a flat, clean surface.
3. Grab a handful of seeds and sprinkle them on to your clay.
4. Using the palms of your hands, roll your clay into a small ball, approximately 3 - 4 cm in diameter.
5. Find a green space, such as a garden or piece of ground that isn't being used or taken care of.
6. Plant or throw your 'seed bomb' onto this ground.

Things to about:

If you are choosing a public space to plant your seed bomb, please make sure that you aren't breaking any rules by doing so.

Make your own recycled bird feeder

You will need:

- An empty, clean plastic bottle with a lid
- A drawing pin
- A pair of scissors
- Two small sticks approximately 12 - 14cm in length (for example, an ice lolly stick)
- A piece of string
- Some bird feed

To make: (you might need some help)

1. Use a drawing pin to make two holes on opposite sides of your bottle at the same height.
2. Using scissors, carefully widen the holes until they are just smaller than the width of your sticks.
3. Push one of your sticks through both holes to form your first perch for the birds.
4. Make two more holes in the same way, but higher up the bottle, so that they are at 90 degrees from your first set of holes.
5. When you insert your second stick, it should form a cross-shape when looked at from below.
6. Use your drawing pin and scissors to make some small drainage holes in the bottom of your bottle.
7. About 4cm above each perch, use your drawing pin to make a hole and widen it using the scissors (these will be the feeding holes).
8. At the neck of the bottle, make two holes opposite each other and thread through your string and make a knot in it.
9. Pour your bird feed into the bottle and screw on your lid and hang up your bird feeder!