Learning Disability week 2019 will happen from Monday 13th May till Sunday 19th May.

This year the theme for learning disability week is Community.

We want everyone in Scotland to feel like they are part of their community.

Communities work best when everyone is included.
People should be active in their community.

People should be connected to people in their community.

People should feel included by their community.
Why Community is Important

Communities can make a difference to our wellbeing.

Communities give us places and people we can go to for information.

Places to meet neighbours and friends can help to stop people from being lonely.

At SCLD we believe that everyone should be an equal part of the community.

We know that sometimes this is hard for people with learning disabilities.
SCLD wants to celebrate what people with learning disabilities do to make their communities better.

Learning disability week 2019 is a chance to share the stories of people with learning disabilities being active, connected, and included citizens.

We want as many people as possible from across Scotland to tell us about their communities.

We want people to tell us how people with learning disabilities are involved in community life.

There will be more information coming to tell you how you can tell us your stories.

We will be sharing stories from people across Scotland during learning disability week.
What can I do just now?

Put the dates in your diary.

Monday 13\textsuperscript{th} May till Sunday 19\textsuperscript{th} May 2019.

Talk to people who might be able to help you to do something to celebrate.

Help us by telling as many people as possible about learning disability week.

You can watch our videos about Why learning disability week matters.

You will find the videos at

https://vimeo.com/album/4518169
If you use social media like Facebook or Twitter you can share information about learning disability week.

You can share the learning disability week video with your friends.

We have some images on our website that you can use on social media.

You can find these images at


You can use the hashtag #LDWeek2019 in posts about it too.
Get involved packs

We will have packs to help you to get involved during the week.

These packs will be available from the middle of January 2019.

The packs have things in them to help you to take part in learning disability week.
If you want to order a get involved pack please get in touch with SCLD.

Email admin@scld.co.uk

Phone 01412483733

You will need to tell us your name and address.

The packs will be posted out in the middle of January.
Meet the Learning Disability Week Mascot

In learning disability week 2018 we had a competition to design a mascot for learning disability week.

Stephen Dickson drew the winning design and was given a prize at the 2018 learning disability awards.

The winning design was a unicorn.

Stephen’s design has been developed to become Uno the Unicorn.
Uno will be the mascot for learning disability week from now and in the future.

You can read more about Uno at the webpage https://www.scld.org.uk/meet-uno-our-learning-disability-mascot/