





























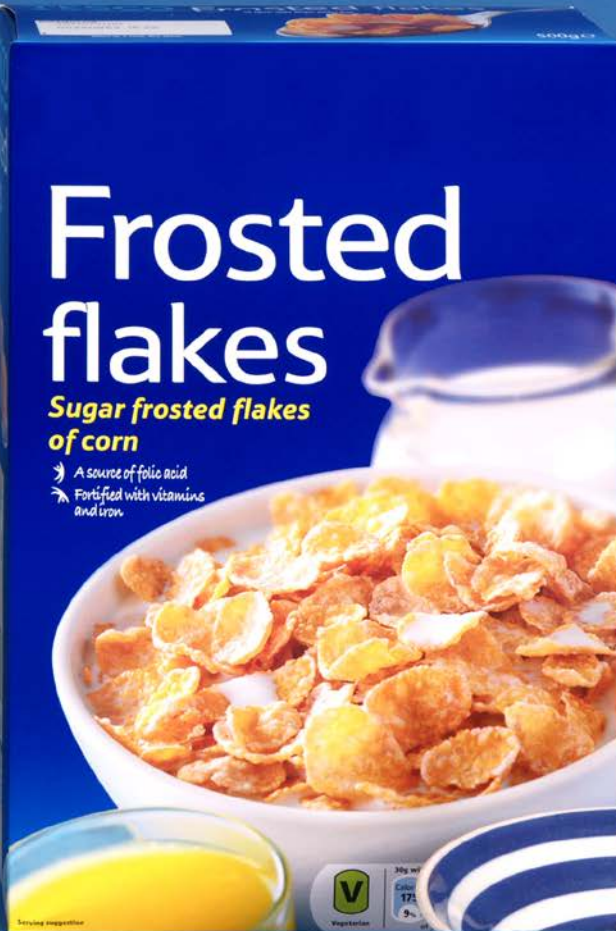




Frosted flakes

*Sugar frosted flakes
of corn*

- A source of folic acid
- Fortified with vitamins
and iron



30g net
Calories
170
9%



Frosted flakes

Sugar frosted flakes of corn

- A source of folic acid
- Fortified with vitamins and iron

V
Vegetarian

Play with
17g
9%







Each 30g serving contains

Calories	Sugar	Fat	Sodium	Salt
115	3g	0.3g	0.1g	8.3g
6%	3%	<1%	<1%	6%

of an adult's guideline daily amount

Rice Krispies

✓ vitamins & iron
for your family

SNAP
CRACKLE
POP











SUGAR FREE

Diet
COKE

2500 kcal (10418 kJ)
© 2000 Coca-Cola Bottling Co. of America





REAL FLAVOURS
ARTIFICIAL COLOURS
SUGAR FREE

Sprite
zero





