Cook’s Rules

Tie your hair back

Wear an apron

Wash your hands with soap and dry them before you start

Get everything out that you will need before you start
Keep milk, meat, cheese, and yogurt in the fridge until you are ready to use them.

If you need help putting things in and taking things out of the oven, ask your support worker.

Remember to switch off the oven when you are finished.

Wash up using hot soapy water.

Wipe worktops with a clean cloth and hot soapy water.

Enjoy your food!