

How to evaluate your course (before and after the course)

Pre- and Post- Course Client Questionnaires

Prior to starting a group it's useful to take the time to think about an evaluation. An evaluation can help identify what the group has learned throughout, and highlight any areas where further education is required. It is also good practice as it allows time for reflection, highlighting areas/topics that went well, and those which need improvement for future groups.

The following evaluation questionnaires have been produced to complement the training pack. The most appropriate questionnaire should be completed by each participant prior to attending the group. Following completion of the group, the relevant questionnaire should be completed again to identify if there has been improvements in knowledge and/or changes to dietary intake.

Questionnaires in separate documents.