Quick pizza
What I need:

2 bread rolls cut in ½
Or 4 English muffins

½ Tin of tomatoes

4 Mushrooms
or ½ pepper or vegetables of your choice
or 1 small tin of pineapple or other fruit

85grams ½ fat cheese

½ teaspoon of dried herbs
What do I do?

Pinch of pepper

Put the grill onto medium

Toast the bread rolls or English muffins

Spread the tomatoes over the toasted rolls or muffins

Put mushrooms, peppers and or pineapples on top of the 4 quick pizzas
Fruit and vegetables

Grate cheese

Add grated cheese to the quick pizzas

Sprinkle with herbs and pepper

Place under the grill until cheese bubbles