

Building bridges to a good life



A review of assets based person centred approaches and people with learning disabilities in Scotland



Easy read version

The first 2 pages will help you to understand difficult words by explaining them more.

When you see a word in **bold** it means it is explained somewhere.

What are asset based approaches?



Asset based working means looking at the strengths people have.

It means looking at what they can do rather than what they cannot do.



Instead of thinking about the problems people have **asset based approaches** start by looking at what is working and what people care about.



Approaches means there are different ways of **asset based working** not just one fixed way.

What is evidence?



Evidence is proof that something works or not.



It is not enough to just say that you think something is working for a big group of people.



Instead you should try to find ways of proving it.

Lots of organisations use **evidence** to help them find out which bits of work are making a difference.

Why did we do this work?



The Scottish Government wanted to find out more about **asset based** working.



They wanted to know what people thought about it and what people were doing.



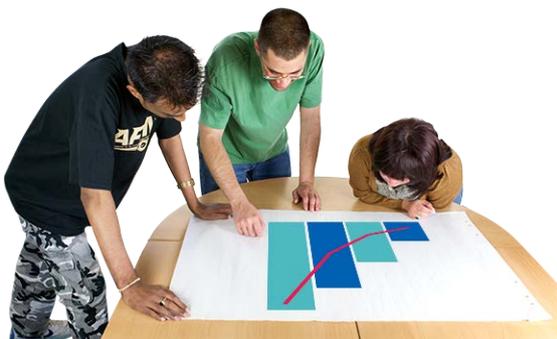
They wanted to look at if **asset based working** actually helps people.



To do this they needed to find some **evidence**.



The Scottish Government asked SCLD to look at **asset based approaches** and to find some **evidence** about if they work for people with learning disabilities.



Part of this work was finding out about the different organisations and projects across Scotland who are doing some **asset based** work.



Lots of different organisations told us about the **asset based** work they are doing.



We spoke to some of the people these organisations work with to find out what they thought.



We also looked at lots of reports and documents other people had written about **asset based approaches**.

What did we find out?



Not a lot of work has been done to find out about **asset based approaches** or if they work.



Asset based approaches are varied. There are lots of ways to do it.

The things we need to do to take an asset based approach



Help people to work out what their strengths and positives are.



Help people to use their strengths and positives to do the things that matter to them.



Supporting groups in the community to be more welcoming to people with learning disabilities.

Asset based approaches work best when.....



You treat everyone as equals.
Everyone is included not just
people with learning
disabilities.



Activities are based on what
people are actually interested
in doing with their time.



People are involved in the planning of the activities not just the doing.



Activities give people the chance to meet new people and learn new things.



People can share what they have learned with others.

Asset based approaches do not work when.....



Organisations or workers only look at the problems and the things people cannot do.



Organisations and workers are too scared of things going wrong.



Workers do not have enough time to spend with people.



The focus is on what services need to do rather than what the person wants to do.



There is not the right support to make sure people can take part.

What happens next?



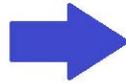
It is clear that **asset based approaches** work best when they include everyone not just people with learning disabilities.



Lots of different people can benefit from **asset based approaches**.



What we have found out about **asset based approaches** is not just interesting to people with learning disabilities and learning disability organisations.



The Scottish Commission for Learning Disability want to make sure as many people as possible hear about this work.



To do this we will be making links with organisations who work with different groups of people.



We will also be making links with different areas of the Scottish Government.



We will be letting them see our reports.

We will also be inviting them to get involved in helping us to find out more about asset based approaches and how they can work for everyone.



Our aim is to make sure everyone works together to think about how **asset based approaches** can work for everyone.