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My home,

my community

The third report from the How’s life? survey

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| Questionnaire 1 | In 2019, SCLD and partner organisations made the ‘**How’s life?’** survey. |
|  | The survey asked people with learning disabilities how they felt about different aspects of their lives. |
| Form help2 | The survey was designed to be completed by people with learning disabilities. |
|  | If people needed help from someone that was fine. |
|  | The help might be from a family member, advocate, or paid supporter. |
| Form Fill Out | 1232 people sent back the survey with their answers filled in. |
|  | This Easy Read is a summary of what we found in the survey. |
|  | A summary means it is just the most important parts. |
|  | It is about the houses people live in and the support they get to live in them. |
| Household 1 | It is also about the areas that people live in and how safe and happy people feel living there. |
| Wellbeing 1 | The survey showed that these things are important for people’s wellbeing. |
| House 11 | Most people that answered the survey lived in **mainstream housing.** |
| Flats 1F | This means houses or flats that they or their family rent or own. |
|  | Around 1 person in 3 lived on their own. |
|  | Around 1 in 2 young adults with learning disabilities still lived with their parents. |
|  | Around 1 in 4 young people in the rest of the population still lived with their parents. |
|  | Around 1 person in 3 did not get to choose where they lived. |
|  | Around 1 person in 3 did not feel safe in the local area. |

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| Here are four things about people who are happy where they live | |
| Support Bubble 2 | People are happier when they live in supported accommodation. |
| Choose Care Home | People are happier when they chose where to live. |
| Place home | People are happier when they have enough support to live independently. |
| Respect 1 | People are happier when they are treated with respect by people that support them. |

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| Here are five things about people with a higher level of wellbeing | |
| Look after Friend | People say they have better wellbeing when they always feel safe. |
| Gang bullies2 | People say they have better wellbeing when they are not picked on when they were out and about. |
| Transport | People say they have better wellbeing when they are happy with the transport that was available where they lived. |
|  | Most people who were happy with their home had a high level of wellbeing. |
| Wellbeing 3 | Most people who were happy with their local area had a high level of wellbeing. |

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| Here is a list of 7 things that SCLD thinks will help to make things better. | |
| Number 1. | |
| Reading Report 1 | We need to get better information about the kind of housing people with learning disabilities are living in. |
| Housing Network | Then we will know how many people with learning disabilities cannot get the houses they need. |
|  | Scottish Government and local authorities need to do this. |

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| Number 2 | |
| Household 1 | Local authorities (councils) and people with learning disabilities and their families need to work together better to plan what houses and support people will need. |
| Number 3 | |
| Support Bubble 2 | Local authorities (councils) must give people more support to find the right house and to make good choices. |
| Number 4 | |
|  | The Scottish Government have made a fund called the Community Living Change Fund. |
| Community | This fund will give money to Health and Social Care Partnerships (HSCPs) to use to help to provide good housing options for the people who need it. |
| Community | This should help people to stay in their local communities or move back if they have had to move away to find housing that meets their needs. |
| Number 5 | |
| Transport | Public transport must be made more accessible to people with learning disabilities. |
| Place training room | This includes learning disability awareness training for staff of transport companies. |
| Council Building | This is a task for transport companies and local authorities. |

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| Number 6 | |
|  | Housing providers and support organisations must make sure that people with learning disabilities know how to report a hate crime. |
| Witness Care Officer 2 | Staff that work for these organisations must know how to support anyone that reports a hate crime. |
| Number 7 | |
| Community | Local authorities should invest in making communities more inclusive. |
| Job centre | They should make more jobs for people to do this. |
| Supporter briony cole | Support workers should spend more of their time doing this. |
|  | There are resources to help with this like which you can find on the SCLD website by following this link [Active, Connected and Included](https://www.scld.org.uk/lets-get-active-connected-and-included/) |

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